

# RAVYL QUIZ

## This Issue's Questions:

- 1 Who holds the course record for the Sydney Morning Herald Half Marathon?
- 2 How many World Records does Hicham El Guerrouj hold?
- 3 A four minute mile is equivalent to running what time for 1500m?
- 4 Michael Power ran for which US College?
- 5 The current Australian one hour track record stands at how many metres?
- 6 How many times has Craig Mottram won the Health Kidney 10km in New York City?
- 7 Prior to the third place team finish at this year's World Cross Country Championships in Japan, what was Australia's highest team finish?
- 8 Run For Your Life editor, David Byrne, holds which NSW record?
- 9 Who has the fastest time ever recorded by a female in the City to Surf?
- 10 Who held the marathon World Record prior to it being broken by Paul Tergat in Berlin?

## Last Issue's Answers:

- 1 In Which city was the 1988 Olympics held? **Seoul**
- 2 Who is the founder of shoe and clothing company Adidas? **Adolph (Adi) Dassler**
- 3 Who holds the Commonwealth record in the men's 5000m? **Daniel Komen, Kenya (12.39.74)**
- 4 Which Australian won gold in the 3000m Steeplechase at the 1962 Perth Commonwealth Games? **Trevor Vincent (8.43.4)**
- 5 Who was the first woman across the line in the 2004 City to Surf? **Haley McGregor (47.28)**
- 6 Who has the women's World record in the half marathon, and how fast did she run? **Elana Meyer, RSA, 66.44 (Tokyo 1999)**
- 7 Who was the first Aussie across the line in the 2005 Berlin Marathon? **Andrew Letherby (2:11:42)**
- 8 Who has the World Best performance for 24 hour track running? **Yiannis Kouros, Greece (303.506km)**
- 9 Who had the fastest marathon time in 2005 and what did he run? **Haile Gebrselassie, Ethiopia (2.06.20)**
- 10 Who held the Australian 5000m record before Craig Mottram, and how fast did he run? **Lee Troop (13.14.82)**



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