

TELSTRA AUSTRALIAN MOUNTAIN RUNNING CHAMPIONSHIPS - MT TENNENT, ACT

Saturday, 29th April 2006

by John Harding

ON A still overcast day World long distance mountain running champion Emma Murray won her first Australian mountain running title with a three minute victory in the Telstra Australian Mountain Running Championships on Mt Tennent near Tharwa in the ACT. Murray clocked a world class 49.27 for the 8.3km course with 850m in elevation gain. The surprise of the race was her South Canberra Tuggeranong clubmate Jessamy Hosking, who finished second in 52.32 after running hot on Murray's heels during the first few kilometres. Third was Sydney runner Cindy King of Randwick Botany in 53.01.

North Canberra Gungahlin Athletics Club's Scott McTaggart successfully defended his 2005 Australian title when he took out the men's 12 kilometre race in 54.50. The 12km course consisted of athlete running to the summit of Mt Tennent before descending 3km and a final 3km ascent back to the summit. Sydney's Jeremy Horne was second in 56.23 and Wollongong's Stephen Brown third in 58.10. McTaggart led the field in last year's world championship for the first kilometre before fading to 28th.

Wollongong's Ryan Gregson blitzed the Junior Men's 8.3kms in 44.54, with Gosford runners David Mainwaring and Dominic Perry next in 45.34 and 46.30 respectively.

The Junior Women's 6kms was won by Victorian Triathlon Squad member Charlotte McShann in 44.02. Canberra's Hillory Davis was second in 45.33 and Alice Shann of Geelong Grammar School was third in 46.06. **R4YL**



The 2006 Australian Mountain Running Champs Course



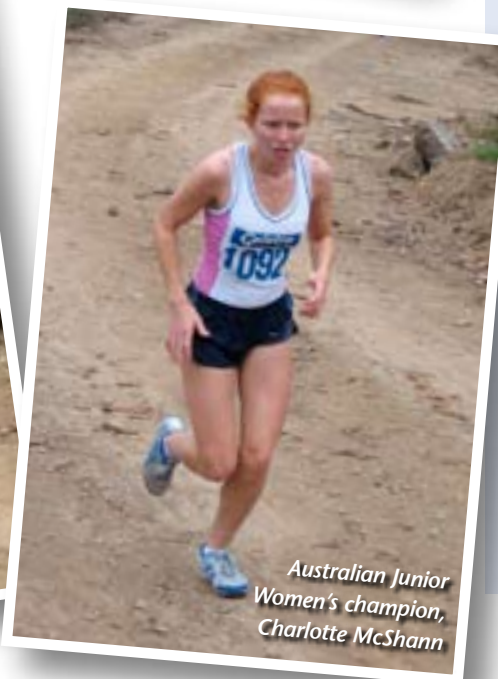
The unstoppable Emma Murray



Scott McTaggart charging to consecutive championships



Stephen Brown and Stuart Doyle locked in battle for 3rd place



Australian Junior Women's champion, Charlotte McShann

RESULTS

Open Men (12km)

1. Scott McTaggart	54.50
2. Jeremy Horne	56.23
3. Stephen Brown	58.10
4. Stuart Doyle	58.13
5. David Osmond	60.05
6. Anthony Scott	61.14
7. Richard Roberts	62.30
8. Ben Dubois	62.50
9. Garreth Candy	64.49
10. Raoul Luescher	65.12

Open Women (8.3km)

1. Emma Murray	49.27
2. Jessamy Hosking	52.32
3. Cindy King	53.01
4. Leanne Wilkinson	56.22
5. Heather Logie	56.27
6. Hubertein Wichers	56.36
7. Shannon Jones	57.58
8. Colleen Beven	61.17
9. Felicity Brown	62.58
10. Emma Adams	65.41

Junior Men (8.3km)

1. Ryan Gregson	44.54
2. David Mainwaring	45.34
3. Dominic Perry	46.30

Junior Women (6km)

1. Charlotte McShann	44.02
2. Hillory Davis	45.33
3. Alice Shann	46.06

Men 50+ (6km)

1. Trevor Jacobs	36.11
2. Graham Barralet	37.52
3. Milton Valentine	39.11

Women 50+ (6km)

1. Michele Davis	47.07
2. Kay Pendlebury	47.48
3. Anne McNeill	53.59