

## Albury-Wodonga Dash For Cash

25th February, 2006

THE Albury-Wodonga Dash for Cash is part of the month long Festival of Sport and is a chaotic scramble down the length of Dean Street (the main street of Albury), up quite a steep hill to the town monument and then back, all in just 3km! It is a great community event, this year attracting over 400 participants and Country Energy offered over \$4000 in prize money: always a great way to attract some of the best runners around and this year was no exception. Extra added excitement is provided by the \$100 awarded to the first person to the top of the hill who has to claim it on the run and promptly stuff it down their shorts.

In the men's race, Barry Keem of Wollongong was quickly out of the blocks and showing he would be force to be reckoned with, while the front group contained Paul Fenn, Mark Shepherd, Richard Welsh, Daniel Green, Michael Hosking and Finnish international Jukka Keskisalo. It was great to see Paul Fenn back in action again after sometime away from the sport. As they hit the base of the hill it was Green who over-estimated his talent and fitness surging to the lead, closely tracked by Fenn and Keem. As they approached the top of the hill, Green was still barely managing to hold his lead and grabbed the cash whilst summiting the hill. However, it was only a matter of metres into the descent before Keem went careering into the lead with Keskisalo

just five metres behind. Over the remaining part of the descent Keskisalo managed to get along side Keem and then pulled away on the remaining part of Dean Street to record a strong victory. The Finnish international steeplechaser has been training at Falls Creek in preparation for the European Championships.

Two of Australia's Commonwealth Games team members, Anna Thompson and Victoria Mitchell, were both present and fighting it out for the ladies \$1000 first prize. It was Anna Thompson who was the strongest female over the top of hill and showed her strength by maintaining her lead to record a comfortable victory. Victoria Mitchell kept Anna in sight to finish in second position ahead of Kate Seibold-Crosbie in third. Both Thompson and Mitchell look fighting fit and it will be great to see them take on the best of the Commonwealth in the coming month. **RAYL**

### RESULTS

#### Men

1. Jukka Keskisalo (FIN)	10.24 (\$1000)
2. Barry Keem	10.31 (\$300)
3. Paul Fenn	10.42 (\$150)
4. Mark Shepherd	10.48
5. Richard Welsh	10.53
6. Michael Hosking	10.57
7. Brad White	11.06
8. Nicholas Goodliffe	11.06
9. Mathew Skate	11.10
10. Jeremy Horne	11.11

#### Women

1. Anna Thompson	11.14 (\$1000)
2. Victoria Mitchell	11.32 (\$300)
3. Kate Seibold-Crosbie	12.02 (\$150)
4. Robyn Millard	12.29
5. Julie Gollon-Foard	13.28
6. Ellie O'Kane	13.44
7. Jessamy Hosking	13.51
8. Leslie Keogh	14.19
9. Dominique Ferguson	14.25
10. Kellie Sadler	14.42

Female winners (L to R): Kate Seibold-Crosbie, Victoria Mitchell, Anna Thompson with the monument in the background



Male winners (L to R): Barry Keem, Jukka Keskisalo, Paul Fenn

