

# What's HOT! The latest and best in the market place...

Oakley "Thump" – Music on the go.  
[www.oakley.com.au](http://www.oakley.com.au)

The Oakley Thump aren't necessarily that new, however we just had to feature them as they are so cool. The Thump's are a pair of sunglasses that have a built in MP3 player so you can listen to your favourite music without wires or cords dangling or the need to carry anything extra. They are extremely well balanced and the weight is hardly noticeable once you are wearing them. The flip-up lenses ensure that you can continue to listen to your music indoors or in low light and as you would expect from Oakley, the optics are first class and offer 100% UV protection. With six hours of playback and sports styling these glasses will ensure that you have tunes for even your longest run. Thumps come in a choice of 4 colours and 2 memory sizes (256mb and 512mb).

Price  
256mb - \$399  
512mb - \$469



**2XU – Human Performance Multiplied**  
[www.2xu.com.au](http://www.2xu.com.au)

A hot new performance-clothing brand has hit the shelves late in 2005. The brand is known as 2XU (Two Times You) and carries the slogan of Human Performance Multiplied. 2XU is an Australian based company founded by Clive Davenport of Davenport boxer short fame. Clothing produced by 2XU is of the highest standard and uses some of the newest and latest fibres and fabrics to produce cutting edge garments. An example is the new 'DRI Phase' fabric, which channels moisture away from the body at an exceptional rate, reducing cling and improving evaporation. A wide range of performance garments including shorts, singlets, shirts, tights, caps and compression tights are available. Products can be purchased from the

A selection of 2XU clothing is available from the Run For Your Life website [www.runforyourlife.com.au/shop](http://www.runforyourlife.com.au/shop)



## Looking Good!



The autumn and winter range of Adidas running apparel has some innovative and stylish products that are sure to make waves in the running market. Included in the range are the adiSTAR Singlet and Short. Made using the latest in technology, the lightweight, breathable material and specific cut maximise performance. In bright orange – you won't be missed at your next fun run or track meet!

Prices: Shorts \$70, Singlet \$70.

## Skin protection

KINeSYS Sunscreen – Performance Sunscreen  
[www.kinesys.com](http://www.kinesys.com)

One of my pet hates of summer is caking myself in thick, greasy sunscreen before heading out for my daily dose of psychiatric care (i.e. going for a run). The thick layer of solar protection breathes like a plastic bag and you sweat profusely for the entire run. Enter the new KINeSYS Sun Screen range, a true performance sunscreen, KINeSYS provides complete protection without messy rubbing, as is actually a sunscreen spray. But the best thing about KINeSYS for running is its ability to allow the skin to breathe normally, preventing excessive sweating. KINeSYS is oil-free and alcohol-free, SPF 30 + and comes in either mango scented or fragrance free.

You can purchase KINeSYS online at [www.runforyourlife.com.au/shop](http://www.runforyourlife.com.au/shop)

Price  
120ml - \$24.95  
30ml (travel size) - \$9.95

